

Marin Rowing Association Code of Conduct

The following items apply to all Marin Rowing Association Athletes during MRA events, practices, races, functions, etc. Failure to comply with any of these guidelines may result in suspension or expulsion from the MRA.

- First and foremost, remember that you are representing the club whenever you are involved with any MRA activity. If you wouldn't do it in front of your parents, don't do it in public as a representative of the club.
- Respect all MRA Boathouse facilities and keep them clean
- Be courteous and respectful to other teammates and opponents
- Be courteous and respectful to the coaching staff and other club members
- Represent your team with pride at all times
- Consumption of alcohol is prohibited
- Use of any illegal substances (drugs) will result in expulsion
- No swearing or inappropriate gestures
- Physical assault of any type is prohibited
- Respect others personal property
- Theft is prohibited
- Weapons or firearms are not allowed
- "Horse play" in the boathouse or in/on vehicles is prohibited
- Abuse of equipment will not be tolerated
- Report all broken equipment to coaching staff ASAP
- When at away regattas/events, leave everything in a condition in which you found it. Don't leave a mess anywhere (at a rowing venue, on a plane, in a hotel room, etc.)
- If witness to any other athletes in violation of these guidelines, please report it to a coach ASAP. (anonymously if desired)
- All Fees/Paper work must be turned in on time

I _____ hereby understand the terms explained above and by signing this form I will abide by this code of conduct.

Signature _____ Date _____
(Athlete)