

# Welcome to the '07/'08 Rowing Season!

For those of you entering the MRA for the first time, we hope your experience during the next two weeks gives you a positive introduction into the world of crew. And for those of you returning, we look forward to fine-tuning your rowing skills and improving your physical conditioning for another year of exciting racing.

The purpose of this packet is to highlight some important information about the weeks to come and includes paperwork that must be returned by Wednesday, Sept 12 in order to continue rowing.

Please take time to read each of the individual documents so you have a more comprehensive understanding of what will transpire during tryouts and the weeks following team selections.

## This packet includes:

1. Participation Waiver- return by Sept. 12
2. Health Form- return by Sept. 12
3. What to expect during try-outs
4. How to support your athlete
5. What to expect if you make the team
6. Events Calendar

## Contacts:

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